



Medicine Horse Way

UK
Apprenticeship
2018-9

Overview & Application

Rosie Withey, of Horses as Teachers, is offering a Medicine Horse Way Equine Experiential Learning Instructor Apprenticeship programme for those who have completed the NOW programme and feel the desire to advance their personal development process and become qualified to teach this powerful body of work to others.

The Medicine Horse Way apprenticeship is appropriate for those who feel called to expand their personal development through the way of the horse and offer the benefits of this work to others. This programme is also beneficial for coaches, leadership trainers, and therapists who want to add an equine experiential learning module to their existing practice.

Those who complete the Medicine Horse Way apprenticeship will be designated Medicine Horse Way EFL Instructors and fully trained to begin offering Equine Facilitated Learning experiences with the focus on personal development, emotional agility, mental clarity, integration of body/mind/spirit and building authentic community.

Medicine Horse Way Instructors then have the option to attend one specific additional apprenticeship week with Linda Kohanov of Eponaquest, with the focus on leadership, to add Eponaquest Instructor to their EFL credentials. This opportunity will be offered by Linda in Arizona and at other international venues.

Medicine Horse Way, LLC

Apprenticeship Programme Overview and Application

Policies & Procedures

These policies and procedures are operational guidelines developed in the awareness that they will evolve according to the adaptive challenges natural to the healthy growth and development of an innovative organization.

Each apprenticeship session consists of 9 days with one day off for rest and integration. The programme is intense and it is strongly suggested that you do not have partners or family members travel and lodge with you.

There is so much to teach, and impossible to list it all here in this document, but the following is an overview of the intent, agenda, and structure of the apprenticeship programme. The programme was created by Carol Roush who has over 12 years of experience teaching EFL including 8 years teaching Apprenticeships as Senior Faculty with Linda Kohanov of Eponaquest.

The programme is taught by Medicine Horse Way Master Instructor Rosie Withey who has 8 years of experience of teaching EFL as an Eponaquest Instructor, including 5 years teaching in Eponaquest & Medicine Horse Way Apprenticeships. Rosie may be assisted by other Master Instructors (who have at least 3 years of EFL experience and most have 10 or more years' experience as horse professionals).

The first session of the apprenticeship will focus on teaching you about your role as a Medicine Horse Way Instructor, how to work with horses the MHW way and on teaching you the foundation elements of the MHW approach of EFL.

You will learn specific horse skills and client safety measures, how to evaluate individual horses for their ability to do equine experiential learning activities with clients. You will learn how to choose your herd, determine which horse in your herd is right for clients according to their skill level. Our primary focus is on the horse as a sentient being co-facilitating the work with us. You will learn how to listen to your horses and develop awareness around their level of presence and willingness for the work each day. Horses need days off too! Then you will begin the process of learning how to facilitate the foundation elements necessary for introductory work with individual clients and workshop groups. By the end of the first apprenticeship session you will be prepared to begin facilitating practice sessions when you return home. In this session you and a group of your peers will plan a one-day workshop to take place during the second session. There will be homework assignments between the programme sessions, including conducting actual EFL sessions with clients and horses as well as recommended reading to expand your awareness in personal development.

During the second session of the apprenticeship you will facilitate a one-day workshop with your peers and/or real clients and then continue learning how to facilitate more modules, deepen your understanding of the art of facilitation and group process as well as facilitating individual sessions. In this session of the programme you and a group of your peers will plan a 2 day workshop that you will conduct during session three with real clients attending. In this session you will learn how to set up your own EFL business and how to market your programmes and sessions. We will cover EFL ethical considerations, standards of conduct and best practices. There will be homework between sessions.

Rosie Withey Horses as Teachers Tel: 07775 594294 rosie@horsesasteachers.co.uk

In session three you will conduct a 2 day workshop with your small group of peers, receive faculty evaluations and recommendations. In this session you will learn how to assess which clients are right for you and which need to be referred to other professionals depending on the stage of their process.

Equine Facilitated Learning is not appropriate for those with serious, active, mental health disorders.

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Medicine Horse Way Apprenticeship Pre-requisites: Please note that there may be recommendations in addition to meeting the listed pre-requisites according to individual needs as assessed by Rosie Withey. Areas of focus for additional requirements are on horse skills and personal development. The apprenticeship programme is high quality and fast paced with a commitment to each graduate gaining the skills and confidence to take equine facilitated learning forward in their own high quality programmes. We feel strongly that taking the time to complete the pre-requisites and any other recommendations is vital to your success and the quality of the work made available to future clients.

Path to Apprenticeship:

Step One: Complete an Introductory Workshop with any Medicine Horse Way or Eponaquest Instructor

Step Two: Complete the NOW or EASE personal development programme.

Programme Details:

The Medicine Horse Way UK Apprenticeship 2018-9 will take place at Trealy Farm, Mitchel Troy, Monmouth NP25 4BL

Session One November 14 – 22, 2018

Session Two March 10 – 18, 2019

Session Three May 30 – June 7 2019

Tuition fee: £9000

£ 100	application fee
£1900	deposit due upon acceptance
£ 2000	payment due November 1, 2018
£ 2000	payment due March 1, 2019
£ 2000	payment due May 1, 2019

Accommodation:

Accommodation is available at Trealy Farm, Monmouth and can be booked directly with Ruth Tudor ruth.trealy@btinternet.com.

Post-Graduation Supervision:

Recommended Instructors are required to complete a series of 6 supervision sessions with a **Master Instructor** of their choice, during the first year after completing the apprenticeship programme. The purpose of supervision is to have a mentor who can advise you as you encounter challenges with your programmes and clients, continue with your own personal development, and assist you in bringing awareness to your projection and transference. Supervision sessions can be conducted in person, by phone, Skype, or email. The recommended instructor will pay the supervisor 80 (euros, GBP, or \$\$) per hour, per session. In most cases one hour is sufficient. The supervisor will keep track of the number of sessions and notify Rosie Withey when this requirement has been met.

Moreover, completing 6 supervision sessions before the end of the 1st year is necessary to participate on the continuing education opportunities.

Master Instructors:

England Caroline Morgan Rosie Withey

France Carole Thomas

Germany Christiane Loettgen

Continued Education

The journey as a Medicine Horse Way instructor does not end when the apprenticeship programme is over. Attending a continuing education programme is recommended for instructors to continue to add to your skills, remain connected to and supported by Medicine Horse Way authentic community, continue your personal development process, and is one of the requirements to acquire the designation of an **Advanced Instructor**. More information will be given during the final session of the Apprenticeship.

I believe that authentic community, continuing education, connection and support are important to the ongoing development necessary for all of us who are called to walk the way of the medicine horse.

The end of the apprenticeship is the beginning of a whole new way of life! Together we will **Be the Change** we want to see in the world, one horse and one human at a time.

Many blessings

Rosie Withey

Medicine Horse Way Apprenticeship Application

Applicants are required to submit an electronic copy, in English, of their application to:
Rosie Withey at rosie@horsesasteachers.co.uk

Additionally, there is a £100 application processing fee to be paid at the time the application is submitted. Your application will be reviewed within 10 days of receipt and notice of next steps will be emailed. Some applicants may be asked to interact in a telephone or Skype interview.

Listed below are the items that comprise the Apprenticeship application. Please provide the information in a Microsoft Word document that is a maximum of four (4) pages using **text only — no photos or graphics**.

- **Date application and include name, address, phone number, and email address**
- Make a statement about what attracts you to a career in Equine Experiential Learning.
- List schools, programmes, trainings, certifications, etc. that have supported your growth and development
- Professional Experience in one or more of the following fields:
 - Horse experience,
 - Healer or Shaman
 - Mental Health Professional,
 - Life Coach,
 - Shamanic Training,
 - Alternative Human Health Care,
 - Animal Health Care,
 - Unique Experience, Skills, Connections
- Describe your initial experience with Equine Experiential Learning. Indicate nature of experience (workshop, private sessions, or an intensive), the name(s) of facilitator(s) and workshop(s), and dates. Indicate which of the concepts or activities were difficult to integrate when you returned home? For example, the concept of emotion as information, authentic community building skills, or the false-self/authentic-self metaphor. Which of the concepts were most useful?
- List the date and Facilitator of the Introductory Workshop you attended along with the names and dates of the qualifying workshops with Carol Roush or other qualified instructors.
- Horse Experience (you do not have to be an advanced rider to do this work, but some experience with horses is essential).

Acceptance and Agreement

Once accepted into the Apprenticeship a Medicine Horse Way Apprenticeship Agreement will be sent to you to be signed and returned to Rosie Withey either electronically to rosie@horsesasteachers.co.uk or by post to Brickyard Farm, Clutton Hill, Clutton, Bristol BS39 5QJ and the deposit of £1900 becomes due.